

AUGUST 2018

WOODHAVEN SENIORS CLUB

SOCIAL SIGN UP DEADLINE: AUG 15TH

SENIOR COORDINATOR: 734-362-2931



Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 Bunco @ 12:30 No chair exercise	3 Stop The Bleed Class @ 9:00 Movie Day @ 1pm	4
5	6	7 Bingo/Cards @ 12pm	8 Tipping Point @ 11:30 Bus Mtg @ 12pm Bingo Follows	9 Living Will Presentation @ 10:00 am	10 Craft Day @ 9:30 am	11
12	13	14 Game Day @ 12noon	15 Lunch Bunch	16 Bunco @ 12 :30	17 Stress Management class @ 9:30	18
19	20	21 Bingo/ Cards @ 12pm	22 Social @ 12pm Bingo Follows	23 Motown Museum @ 12:00 pm	24	25
26 Mud Hens @ 1:45	27	28 TEFAP 9-11am Game Day @ 12	29 Portofino Cruise @ 11:30	30	31	

Menu: Swiss steak, broasted chicken, stuffed cabbage, mashed potatoes, California veggies
Dessert: Yellow/ chocolate cake

Please note: Chair exercise is every Monday & Thursday at 11am